Understanding Working With Conflict

Conflict 危机

Violence 暴力
Conflict consists of actions, wants, attitudes, structures or systems that create physical, psychological, social, or environmental stress and/or prevent people from reaching their full human potential. (Roger Fisher)

- Non-violence means the absence of violent action.
- Non-violence has an active meaning - to live consciously focused on truth and love. It is a living philosophy that uses the common unity between individuals.

Peace 和平
Positive Peace
The belief that conflict cannot be resolved by adopting a position of tolerance towards the different interests.

Negative Peace
The belief that conflict cannot be resolved by adopting a position of tolerance towards the different interests.

Human Rights 人权
Human rights are basic rights and freedoms that all people are entitled to regardless of nationality, sex, national or ethnic origin, race, religion, language, or other status. (Amnesty International)

The full scope of human rights is very broad. They mean choice and opportunity.

Article 1 of the Universal Declaration of Human Rights: "All human beings are born free and equal in dignity and rights."
Conflict

A state of opposition, disagreement or incompatibility between two or more parties, which is sometimes, but not necessarily characterized by physical violence.

An interaction or situation of tension between interdependent people who perceive incompatible interests, needs and/or goals.

Conflict is a dynamic process in which structure, attitudes and behaviours are constantly changing and influencing one another's. (Galtung, 1969)

Conflict is an interaction between actors (individuals, groups, organisations, etc.) where at least one actor senses incompatibilities between their thinking, imagination, perception, and/or feeling, and those of the others. (Glasl, 1994)
Violence

Violence consists of actions, words, attitudes, structures or systems that cause physical, psychological, social, or environmental damage, and/or prevent people from reaching their full human potential. (Roger Fisher)

- Non-violence means the absence of violent action.

- Nonviolence has an active meaning - to live consciously focused on truth and love. It is a living philosophy that sees the common unity between individuals.
Peace

Negative Peace
The absence of direct violence or war

Positive Peace
The condition characterized by the existence of peaceful social and cultural beliefs and norms; the presence of justice at all levels (economic, social, and political); the shared democratic use of power; and non-violence.
Human Rights

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